

Bright Path

Counseling and Consulting

"I speak Spanglish"

**CULTURAL CONSIDERATIONS FOR
FAMILY PLAY THERAPY WITH FIRST
GENERATION LATINX CHILDREN &
ADOLESCENTS**

7

JUNE

2024

VISIT WWW.BRIGHTPATHCC.COM/WORKSHOPS
FOR MORE INFORMATION

Presenter: Jennifer Mejias, LMFT, RPT

6 CONTACT CE'S
THIS WORKSHOP MEETS
APT DEFINITION OF
CONTACT CE'S

TOPIC: CULTURAL AND SOCIAL
DIVERSITY

LOCATION: DULUTH, GA
COST: \$225 - INCLUDES
BREAKFAST AND LUNCH



DESCRIPTION: THIS COURSE WILL DESCRIBE THE UNIQUE EXPERIENCES OF FIRST-GENERATION LATINX CHILDREN AND ADOLESCENTS ENGAGING IN PLAY THERAPY SERVICES WITH THEIR CAREGIVERS. ATTENDEES WILL IDENTIFY THE SIGNIFICANCE OF IMMIGRATION, CULTURAL VALUES, IDENTITY, AND LANGUAGE IN TREATMENT. THIS COURSE WILL ASSESS BARRIERS TO ENGAGEMENT IN TREATMENT WHILE HIGHLIGHTING CULTURAL STRENGTHS THAT CAN BE UTILIZED TO ACHIEVE TREATMENT GOALS. ATTENDEES WILL DISCUSS BEST PRACTICES AND COMPETENCIES THAT CLINICIANS NEED TO ETHICALLY WORK WITH LATINX FAMILIES. CULTURALLY RESPONSIVE FAMILY PLAY THERAPY INTERVENTIONS WILL BE DEMONSTRATED.

LEARNING OBJECTIVES:

- 1.ATTENDEES WILL IDENTIFY CULTURE AND DIVERSITY BEST PRACTICES OF PLAY THERAPY AND CORE COMPETENCIES OF FAMILY THERAPY.
- 2.ATTENDEES WILL RECOGNIZE CONTEXTUAL AND SYSTEMIC LATINX DYNAMICS THAT IMPACT FAMILY PLAY THERAPY TREATMENT.
- 3.ATTENDEES WILL DISCUSS CULTURAL IDENTITY AND UNIQUE EXPERIENCES OF FIRST-GENERATION LATINX CHILDREN AND ADOLESCENTS.
- 4.ATTENDEES WILL EXAMINE THE ROLE OF CULTURAL VALUES IN SHAPING THERAPEUTIC RELATIONSHIPS AND INTERVENTION STRATEGIES WITH FIRST-GENERATION LATINX FAMILIES.
- 5.ATTENDEES WILL DESCRIBE FAMILY PLAY THERAPY INTERVENTIONS THAT DEMONSTRATE UNDERSTANDING OF LATINX CULTURAL BACKGROUND.
- 6.ATTENDEES WILL APPLY CULTURALLY INFORMED TECHNIQUES TO ENHANCE CAREGIVER PARTICIPATION AND IMPROVE THERAPEUTIC OUTCOMES FOR FIRST GENERATION LATINX FAMILIES.

SCHEDULE:

9:00-9:15AM - WELCOME AND HOUSEKEEPING

*PARTICIPANTS ARRIVING AFTER 9:15 ARE NOTE ELIGIBLE FOR CE CREDITS

9:15-10:45AM - DEFINE CULTURE AND DIVERSITY BEST PRACTICES OF PLAY THERAPY AND CORE COMPETENCIES OF FAMILY THERAPY
RECOGNITION OF CONTEXTUAL AND SYSTEMIC LATINX DYNAMICS THAT IMPACT FAMILY PLAY THERAPY TREATMENT

10:45-11:00AM - BREAK

11:00-12:30PM - CONTINUE RECOGNITION OF CONTEXTUAL AND SYSTEMIC LATINX DYNAMICS THAT IMPACT FAMILY PLAY THERAPY TREATMENT
DISCUSS CULTURAL IDENTITY AND UNIQUE EXPERIENCES OF FIRST-GENERATION LATINX CHILDREN AND ADOLESCENTS

12:30-1:15PM - LUNCH

1:15-2:45PM - EXAMINE THE ROLE OF CULTURAL VALUES IN SHAPING THERAPEUTIC RELATIONSHIPS AND INTERVENTION STRATEGIES WITH FIRST-GENERATION LATINX FAMILIES.
APPLY CULTURALLY INFORMED TECHNIQUES TO ENHANCE CAREGIVER PARTICIPATION AND IMPROVE THERAPEUTIC OUTCOMES FOR FIRST GENERATION LATINX FAMILIES

2:45-3:00PM - BREAK

3:00-4:30PM - DESCRIBE FAMILY PLAY THERAPY INTERVENTIONS THAT DEMONSTRATE UNDERSTANDING OF LATINX CULTURAL BACKGROUND
CLOSING DISCUSSION AND Q&A