



APT Approved Provider #18-554

“I Speak Spanglish”

Cultural Considerations for Family Play Therapy with First Generation Latinx Children & Adolescents

Credit Hours: 4 Hour Contact CE

Date: Saturday, September 16, 2023

Presenter: Jennifer Mejias, LMFT, RPT

Cost: \$120 (no lunch) or \$135 (lunch included)

Location: 200 Ashford Center N #195, Atlanta, GA 30338

Register at www.BrightPathCC.com/Workshops/

Description: This course will describe the unique experiences of first-generation Latinx children and adolescents engaging in play therapy services with their caregivers. Attendees will identify the significance of immigration, cultural values, identity, and language in treatment. This course will assess barriers to engagement in treatment while highlighting cultural strengths that can be utilized to achieve treatment goals. Attendees will discuss best practices and competencies that clinicians need to ethically work with Latinx families. Culturally responsive family play therapy interventions will be demonstrated.

Attendees have the opportunity to participate in an immersive experience by selecting the lunch provided option catered by Tortugas Cuban Grill. Attendees will be able to review and select entree at the time of registration.

Primary Areas: 4 hours Play Therapy Contact Cultural and Social Diversity Topics

Learning Objectives:

1. Attendees will identify culture and diversity best practices of play therapy and core competencies of family therapy.
2. Attendees will recognize contextual and systemic Latinx dynamics that impact family play therapy treatment.
3. Attendees will discuss cultural identity and unique experiences of first-generation Latinx children and adolescents.
4. Attendees will describe family play therapy interventions that demonstrate understanding of Latinx cultural background.

Presenter Information: Jennifer Mejias is a first generation Cuban-American bilingual Licensed Marriage and Family Therapist (LMFT) and Registered Play Therapist (RPT). Jennifer specializes in working with families who have adopted domestically or internationally, children who have experienced trauma, and families of immigrant parents and first generation children. Jennifer integrates family play therapy and trauma informed therapy models, such as Eye Movement Desensitization and Reprocessing (EMDR), Child-Parent Psychotherapy (CPP) and Trust Based Relational Intervention (TBRI) to meet the unique needs of families. Jennifer is passionate about teaching clinicians about the specific needs and histories of Latinx families in order to increase access to quality of care for this population. Jennifer provides clinical supervision to provisionally and associate licensed clinicians.

Schedule

9:00 AM - 9:30 AM	Arrive for check in and housekeeping
9:30 AM - 11:00 AM	Define culture and diversity best practices of play therapy and core competencies of family therapy; Recognition of contextual and systemic Latinx dynamics that impact family play therapy treatment. (1 hour and 30 minutes)
11:00 AM - 11:15 AM	15 minute Break
11:15 AM -12:45 PM	Continue recognition of contextual and systemic Latinx dynamics that impact family play therapy treatment; discuss cultural identity and unique experiences of first-generation Latinx children and adolescents. (1 hour and 30 minutes)
12:45 PM - 1:15 PM	30 minute Lunch Break
1:15 PM - 2:15 PM	Describe family play therapy interventions that demonstrate understanding of Latinx cultural background. (1 hour)
2:15 PM - 2:30 PM	Closing Discussion and Q&A (15 minutes)

Who Should Attend: This workshop is intended for play therapy, mental health, school counseling, marriage and family, social work, rehabilitation counseling, alcohol and drug abuse, psychiatric, psychology, pastoral care, nursing, art therapy, drama therapy, and child life specialists professionals and students. There is no prerequisite for this workshop other than being a mental health professional with an advanced degree in a mental health-related field or a student working on such a degree.

Photos/Videos: Bright Path Counseling and Consulting reserves the right to take pictures and/or videotape during the workshop. Your presence at the workshop constitutes your consent to our use of your voice, image and likeness for any purpose for no additional consideration, and you waive any rights to review or approve any such use. You release us from any claim or liability arising out of our use of your voice, image and likeness.

Continuing Education: This program is sponsored by Bright Path Counseling and Consulting. APT Approved Provider #18-554. This workshop meets the definition of APT CONTACT hours. Participants must be present during the entire workshop to receive CE hours. To receive continuing education credit, participants must be present for the entire workshop, sign in/out, and submit an evaluation form for the event attended.

Cancellation Policy: If you can no longer attend a workshop you have registered for, you can either receive a credit for another workshop, or receive a refund if you are within the refund policy period. All live workshop refunds will be honored for cancellations received at least seven (7) days prior to the date of a live webinar or live workshop. Unfortunately, we cannot issue refunds for On-Demand (Asynchronous) webinars due to the fact that once purchased, the participant has access immediately to all materials. Refunds will also not be issued due to technical limitations of the participant. We provide detailed instructions, and we are happy to assist in this area to a reasonable extent; however, we don't have the staff to guide you through every step of the process. Please note that payments made via Credit Card have certain fees associated with them, some of which are non-recoupable and are therefore non-refundable by Bright Path Counseling and Consulting, LLC. Therefore, all workshop payments made by Credit Card will have a 3.5% credit card fee deducted from the refund. These fees do not apply to cash or check payments. Should you have any questions regarding our workshop refund policy, please contact Brandy Rogers (770) 904-0737.